

# The Best Of Days

A♭

Musical notation for the first stanza, featuring a treble clef, a key signature of A♭ major (two flats), and a 4/4 time signature. The melody consists of eighth and sixteenth note patterns.

1. This is the day of rest: Our fail - ing strength re - new;  
2. This is the day of peace: Thy peace our spir - its fill;  
3. This is the day of pray'r, Let earth to heav'n draw near;  
4. This is the best of days: Send forth thy quick - ing breath,

Musical notation for the second stanza, continuing the melodic line from the first stanza.

On wea - ry brain and trou - bled breast Shed thou thy fresh - 'ning dew.  
Bid thou the blasts of dis - cord cease, The waves of strife be still.  
Lift up our hearts to seek thee there; Come down to meet us here.  
And wake dead souls to love and praise, O Van - quish - er of death!

Musical notation for the third stanza, concluding the hymn.