Labor: S. M.

1. My soul, be on thy guard, Ten thousand foes arise; The hosts of sin are pressing hard To draw thee from the skies.

2. O watch, and fight, and pray! The battle ne'er give o'er, Remember it boldly every day, And help divine implore.

3. Ne'er think the victory won, Nor lay thine armor down; Work of faith will not be done Till thou Obtain thy crown.

4. Fight on, my soul, till death Shall bring thee to thy God! He'll take thee at thy parting breath, Up to His blest abode. Amen.

Words: George Heath
Music: Lowell Mason